

Today, August 2, 2010 marks the beginning of the TAPPS year. Each year brings with it new promises of success and challenges alike. A continuing point of emphasis for TAPPS and our member schools is the health and welfare of our student athletes. The expected heat in many cities across Texas this week brings heat preparedness and student hydration to the forefront for our schools participating in outdoor activities and practices. Please review the following in regards to player participation and health.

1. Beginning this year, all high school players must have a completed Medical History Form and Physical Examination Form on file prior to participating in practices or games. The following links to the TAPPS Forms page. <http://www.tapps.net/forms.html>
2. Please review the Heat presented by the National Federation of State High School Associations (NFHS). These guidelines are supported by TAPPS and provide a basis for school's to determine individual policies for their athletes. <http://www.tapps.net/Education.html>
3. Please review the Hydration Guidelines presented by the National Federation of State High School Associations (NFHS). These guidelines are supported by TAPPS and provide a basis for school's to determine individual policies for their athletes. <http://www.tapps.net/Education.html>
4. Additional information and links are found on the TAPPS Education webpage for your review and use. <http://www.tapps.net/Education.html>