

**Chapter 3**  
**ATHLETIC CONTEST RULES**

**Subchapter A**  
**ATHLETIC PLAN**

**NOTE:** Rules that list the sport or sports to which they apply shall apply only to the sport(s) listed.

**The purposes of the athletic program for the participant schools are:**

- A. to assist, advise and aid the private and parochial schools in organizing and conducting interschool athletics;
- B. to devise and prepare eligibility rules that will equalize and stimulate wholesome competition between schools of similar size, and reinforce the curriculum;
- C. to regulate competition so that students, schools, and their fans can secure the greatest educational, social, recreational and aesthetic benefits from the contests;
- D. to reinforce the concept to all participant schools that athletics is an integral part of the educational program;
- E. to preserve the game for the overall benefit of the contestant and not sacrifice the contestant to the game;
- F. to promote the spirit of good sportsmanship and fair play in all contests;
- G. to promote among the players, schools and fans a spirit of friendly rivalry and a respect for the rules; and
- H. to forward the concept of accepting decisions of sports officials without protest and treating officials as co-partners in the educational process of competition.