

## STATE CROSS COUNTRY COACHES INFORMATION SHEET

1. Coaches must view the **SCOPE** program presented on the **EDUCATION** page at [www.tapps.net](http://www.tapps.net).
2. Coaches must register completion of the **SCOPE** program on the **EDUCATION** page at [www.tapps.net](http://www.tapps.net).
3. Coaches should view the **CROSS COUNTRY** video on the **EDUCATION** page at [www.tapps.net](http://www.tapps.net).
4. Coaches should review the TAPPS rules pertaining to Cross Country available on the **CROSS COUNTRY** page at [www.tapps.net](http://www.tapps.net).
5. Coaches should review the NFHS rules pertaining to Cross Country in the NFHS rule book forwarded to the member school.
6. Please insure that all uniforms are in compliance with TAPPS and NFHS rules.
7. Schools must submit an eligibility report for all students (Varsity and Sub-Varsity) participating in Cross Country for the 2011 season.
8. Schools must submit their entries for the State Cross Country meet in **TAPPster**. The **DEADLINE** for entries is October 14. Do not wait until the last minute to enter runners as substitutions can be made when registering at the state meet.
9. Schools must print their fee form on **TAPPster** and bring the form and payment to the State Cross Country meet.
10. The REISTRATION TENT will be in the intramural field parking area.
11. TAPPS will use TWITTER to make race day announcements if changes are necessary. Schools may wish to designate someone to join the TAPPS account, especially if questionable weather should be forecast for the race day.
12. Race results will be posted on the TAPPS Facebook page following the awards and posted on site as well. The final results will be posted on the TAPPS website, [www.tapps.net](http://www.tapps.net), on Monday following the meet.
13. The State Cross Country meet will be held at the intramural fields on the Baylor campus. The site is marked on the Google map located on the **CROSS COUNTRY NEWSBRIEFS** page at [www.tapps.net](http://www.tapps.net).
14. Review the **DROP OFF** and **PARKING** plan for the site as there will be no parking at the Intramural field site, all parking must be in the designated Ferrell Center parking area.
15. Inform parents and spectators of the meet details including parking, viewing and the meet plan. A handout is provided under **CROSS COUNTRY NEWSBRIEFS** at [www.tapps.net](http://www.tapps.net).
16. The course map is located on the **CROSS COUNTRY** page at [www.tapps.net](http://www.tapps.net).
17. The **TEAM AREA** is located south of the Intramural Field parking lot. Please insure that your school is respectful of other teams around you and that trash is kept to a minimum.
18. Starting boxes are on a first come basis. Be respectful of runners on the course and their race while warming up and moving to the starting line. No warm-ups are allowed on the soccer field area.
19. The finish line will be a crowded place. Each school entering a team in a race is required to provide one chute worker for the race in which the team is entered. *"I don't have anyone to help"* means *"Hi, I am the Head Coach and I will be working the chute for my team(s)"*. Be prepared and ask for help from your school's folks ahead of time.
20. Awards will be presented in the intramural field parking area. If your team or individuals are in a position to receive recognition, please be on time to the Awards presentation and assist by making your way to the awards stand in a timely manner.
21. The **top 15 runners** are eligible for **ACADEMIC ALL STATE** if they are **Juniors or Seniors** and have earned a cumulative **GPA of 90** or better. Please make sure qualifying students are submitted through **TAPPster** by the Thursday following the State Meet.